

2012 WISCONSIN LSC REGIONAL MEET

Hosted by: Elmbrook Swim Club

February 17-19, 2012

Sanction #WI2012-130S

- Location:** Waukesha South High School
401 E. Roberta Drive
Waukesha, WI 53186
- Meet Director:** Sergey Korabelnikov
3140 Jerri Ct
Brookfield, WI, 53045
sergey.korabelnikov@gmail.com
- Facility:** Eight or ten lane, 25 yard pool. Pool depth is 13 feet at the start end and 5' 10" feet at bulkhead (turn end). Blocks are 30 inches high. The pool features a 12 ½ by 14 ½ foot full color, digital display scoreboard. Concessions will be available. No food or beverage is allowed in the pool area. The competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4).
- Timing:** Colorado System 6 timing system with aqua grip touch pads and at least two watch manual back-up per lane.
- Rules & Eligibility:** Official 2011/2012 Short Course USA Swimming Rules and Wisconsin Swimming Rules shall govern the conduct of this meet. Swimmers must be registered USA swimmers. Age is as of February 17, 2012. Coaches must display their current membership cards while on deck.
- Schedule:** *Friday– All races are timed finals.*
PM session warm-ups: 4:30-5:30 PM
PM session begins: 5:35 PM
- Saturday and Sunday– All races are timed finals.*
AM session warm-ups: 7:00 – 8:00 AM
AM session begins: 8:05 AM
PM session: Warm-ups will begin immediately at the conclusion of AM session lasting 1 hour and the meet will begin 65 minutes after the start of PM session warm-ups.
- The meet director will notify each club as to the approximate time for all sessions once all meet entries have been received. Approximate time line and general information will also be posted at www.ebsc.org.
- The meet management and officials will determine the duration of each break prior to each days distance event. Depending on duration, the competition pool may or may not be open for warm-ups during these breaks.

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This meet will be run using fly over starts.

Warm Ups: General warm-ups/circle swimming for approximately 30 minutes. One-way sprint and/or pace lanes will be designated as needed by the meet director for the remainder of the warm-up session. At least 1 warm up lane will be available for warmup/warm-down during all sessions.

Failure to follow warm-up guidelines may result in disqualification from the next individual event. Feet first three point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with Policy 4.5.2(a).

Officials: Dave Westcott (head official)

Entries & Eligibility: All entries will be taken when accompanied by full payment. Swimmers may compete in seven (7) individual events for the meet, plus relays and timed trial events. Swimmers may compete in five (5) individual events per day.

Swimmers may not enter an event in their age group in which they have a state cut, but can swim in the senior category. Any swimmer achieving the state cut time standard after the entry deadline may still compete in that event. Any 8 & under swimmers are allowed to swim in any 8& under event regardless of seed time, but may not swim in 10 and under events in which they have achieved the state cut.

Deck entries are available for High School boys. New heats may be added to accommodate the added High School boy's entries. High School boys deck entries will be at the same cost of \$2.00 splash \$4.00 per individual and \$10.00 per relays.

Other deck entries will be accepted to fill any open lanes. NO new heats will be created. If the swimmer is not already entered into the meet they will pay the \$2.00 LSC splash fee, if they are already in the meet no new LSC fee is needed. All deck entries must be done at least 30 minutes prior to the session that the events are to be swum.

All swimmers must be registered USA swimmers and their USA Swimming number MUST be listed on the official entry form. This includes relay only swimmers. Submit current yard times. All events are timed finals.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-

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coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Fees: \$4.00 per individual event
\$10.00 per relay event
\$2.00 splash fee per swimmer
\$8.00/\$20.00 per individual/relay deck entry

Entry Deadline: Completed entry form, signed waiver and fees must be received no later than Monday, February 6, 2012. Late entries will NOT be accepted. This meet will be run using Hy-tek Meet Manager 3.x software. Please include hardcopy with all disk entries. Please, email entries (Hytek format only) to Sergey Korabelnikov at sergey.korabelnikov@gmail.com. Mail hard copy entries, signed waiver, and fees to:

Sergey Korabelnikov
3140 Jerri Ct
Brookfield, WI 53045

Admissions: \$4.00 per spectator over the age of 12. Heat sheets are an additional \$3.00.

Awards: Individual events: 1st – 16th place – Ribbons
Relay events: 1st – 8th place – Ribbons
Heat winner: Will be awarded in 12&U events.

Time Trials: Sunday only, after PM session; registration Sunday only 10:00am – 4:00pm; \$8 per individual event/\$15 per relay. Swimmers must provide their own timers and counters.

Final Results: Final results will be mailed to all competing teams. Final results will be posted at www.wisconsinswimming.org.

Seeding: All individual events will be pre-seeded except for positive check-in for 400 IM, 500 Free, 1000 Free, and 1650 Free. Swimmers MUST provide their own counters. 8 & under events will be staged.

Food: Food and beverages will be sold in concession stand.

Conduct: Each team is responsible for the behavior of their swimmers. The Meet Director or Meet Marshall may remove any swimmer from competition for disruptive or disorderly behavior. In accordance with the Federal Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is strictly prohibited.

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Coaches: All coaches must pick up their coaches packet in person and must show their coach's card. If a coach does not present a USA registration card they will not be allowed on deck and the swimmers for the team will be assigned to a USA Swimming certified coach for warm-ups.

Medical: Please indicate any special needs your swimmers may have on the entry form. We will do everything possible to accommodate them. This notification should include any existing conditions that may require meet management to activate the emergency response plan. Building personnel are trained in procedures required by Blood Borne Pathogens laws and will be responsible for any clean up required.

Lost&Found: An area for lost and found will be designated at the meet. After the meet, contact Sergey Korabelnikov at sergey.korabelnikov@gmail.com

Questions? Please contact meet director, Sergey Korabelnikov, at sergey.korabelnikov@gmail.com.

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ORDER OF EVENTS

Reminder: Swimmers must have the time slower than state cut-off time listed below, or enter as a senior event.

| Cutoff | Girls | | Boys | Cutoff |
|-------------------------------|-------|---------------------------|------|----------------------------|
| Friday PM | | | | |
| | 1 | Senior 100 yd. Fly | 2 | |
| 1:06.19 | 3 | 13-14 100 yd. Fly | 4 | 1:03.99 |
| 2:37.89 | 5 | 11-12 200 yd. IM | 6 | 2:37.19 |
| 3:00.59 | 7 | 10&U 200 yd. IM | 8 | 2:59.49 |
| | 9 | Senior 100 yd. Breast | 10 | |
| 1:15.59 | 11 | 13-14 100 yd. Breast | 12 | 1:12.99 |
| 1:24.99 | 13 | 10&U 100 yd. Back | 14 | 1:24.79 |
| *** IN WATER BREAK *** | | | | |
| 10&U 7:01.29 11-12 6:03.59 | 15 | 12&U 500 yd. Free | 16 | 10&U 7:04.49 11-12 6:07.99 |
| | 17 | Senior 1000 yd. Free | 18 | |
| Saturday AM | | | | |
| | 19 | 10&U 200 yd. Free Relay | 20 | |
| | 21 | 11-12 200 yd. Free Relay | 22 | |
| 1:11.49 | 23 | 10&U 100 yd. Free | 24 | 1:12.19 |
| 1:02.39 | 25 | 11-12 100 yd. Free | 26 | 1:03.39 |
| 37.69 | 27 | 10&U 50 yd. Fly | 28 | 38.09 |
| 32.19 | 29 | 11-12 50 yd. Fly | 30 | 33.09 |
| 38.89 | 31 | 10&U 50 yd. Back | 32 | 39.09 |
| 33.39 | 33 | 11-12 50 yd. Back | 34 | 34.29 |
| 1:37.49 | 35 | 10&U 100 yd. Breast | 36 | 1:37.59 |
| 1:22.89 | 37 | 11-12 100 yd. Breast | 38 | 1:24.49 |
| 2:35.69 | 39 | 10&U 200 yd. Free | 40 | 2:37.09 |
| 28.69 | 41 | 11-12 50 yd. Free | 42 | 29.09 |
| Saturday PM | | | | |
| | 43 | Senior 400 yd. IM | 44 | |
| 5:10.49 | 45 | 13-14 400 yd. IM | 46 | 5:02.59 |
| | 47 | 8&U 100 yd. Free Relay | 48 | |
| | 49 | Senior 200 yd. Free Relay | 50 | |
| | 51 | 13-14 200 yd. Free Relay | 52 | |
| | 53 | 8&U 50 yd. Free | 54 | |
| | 55 | Senior 100 yd. Free | 56 | |
| 57.99 | 57 | 13-14 100 yd. Free | 58 | 56.09 |
| | 59 | 8&U 25 yd. Back | 60 | |
| | 61 | Senior 200 yd. Back | 62 | |
| 2:24.19 | 63 | 13-14 200 yd. Back | 64 | 2:20.09 |

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| Cutoff | Girls | | Boys | Cutoff |
|-------------------------------|--------------|-----------------------------|-------------|---------------|
| *** IN WATER BREAK *** | | | | |
| | 65 | 8&U 50 yd. Breast | 66 | |
| | 67 | Senior 50 yd. Free | 68 | |
| 26.99 | 69 | 13-14 50 yd. Free | 70 | 25.79 |
| | 71 | 8&U 25 yd. Fly | 72 | |
| | 73 | Senior 200 yd. IM | 74 | |
| 2:25.09 | 75 | 13-14 200 yd. IM | 76 | 2:18.39 |
| *** IN WATER BREAK *** | | | | |
| | 77 | SENIOR 500 yd. Free | 78 | |
| 5:34.09 | 79 | 13-14 500 yd. Free | 80 | 5:27.29 |
| Sunday AM | | | | |
| 1:12.89 | 81 | 11-12 100 yd. Back | 82 | 1:14.19 |
| | 83 | 10&U 200 yd. Medley Relay | 84 | |
| | 85 | 11-12 200 yd. Medley Relay | 86 | |
| 1:23.79 | 87 | 10&U 100 yd. IM | 88 | 1:24.39 |
| 1:12.69 | 89 | 11-12 100 yd. IM | 90 | 1:14.29 |
| 32.49 | 91 | 10&U 50 yd. Free | 92 | 32.69 |
| 2:15.79 | 93 | 11-12 200 yd. Free | 94 | 2:17.89 |
| 43.79 | 95 | 10&U 50 yd. Breast | 96 | 44.39 |
| 37.69 | 97 | 11-12 50 yd. Breast | 98 | 38.79 |
| 1:26.19 | 99 | 10&U 100 yd. Fly | 100 | 1:25.99 |
| 1:13.09 | 101 | 11-12 100 yd. Fly | 102 | 1:14.59 |
| Sunday PM | | | | |
| | 103 | 8&U 25 yd. Free | 104 | |
| | 105 | Senior 200 yd. Free | 106 | |
| 2:04.99 | 107 | 13-14 200 yd. Free | 108 | 2:01.99 |
| | 109 | 8&U 100 yd. Medley Relay | 110 | |
| | 111 | Senior 200 yd. Medley Relay | 112 | |
| | 113 | 13-14 200 yd. Medley Relay | 114 | |
| | 115 | 8&U 50 yd. Back | 116 | |
| | 117 | Senior 100 yd. Back | 118 | |
| 1:06.39 | 119 | 13-14 100 yd. Back | 120 | 1:03.99 |
| *** IN WATER BREAK *** | | | | |
| | 121 | 8&U 50 yd. Fly | 122 | |
| | 123 | Senior 200 yd. Fly | 124 | |
| 2:28.59 | 125 | 13-14 200 yd. Fly | 126 | 2:22.29 |
| | 127 | 8&U 25 yd. Breast | 128 | |
| | 129 | Senior 200 yd. Breast | 130 | |
| 2:45.19 | 131 | 13-14 200 yd. Breast | 132 | 2:39.09 |
| | 133 | 8&U 100 yd. IM | 134 | |
| *** IN WATER BREAK *** | | | | |
| | 135 | Senior 1650 yd. Free | 136 | |

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PLEASE MAIL THIS WAIVER AND PAYMENT TO SERGEY KORABELNIKOV,
3140 JERRI CT, BROOKFIELD, WI 53045

In consideration of the acceptance of this entry, I/we hereby for myself, ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, the Wisconsin Association of the USA Swimming, the city of Brookfield, Brookfield Park, Recreation, and Forestry Department, the Elmbrook Swim Club, Waukesha Express Swim Team, Waukesha South High school, and their staff and volunteers for Injuries and expenses incurred by me/us at the meet or while on the road to and fro from the meet. I/we are bonafide amateur athletes and eligible to compete in all events I/we have entered.

Signature of Club Official, Parent, Etc.

Position With Club

Address

Telephone

Name of Club

Club Abbreviation

Name of All Official Team Coaches at this Meet

E-mail Address for Contact About this Entry

RECAP OF ENTRIES:

INDIVIDUAL EVENTS _____ at \$4.00 \$ _____

RELAY TEAM ENTRIES _____ at \$10.00 \$ _____

SPLASH FEE/# of SWIMMERS _____ at \$2.00 \$ _____

TOTAL FEE: \$ _____

AMOUNT PAID WITH RESERVATION \$ _____

AMOUNT ENCLOSED (total fee minus reservation fee) \$ _____

RESERVATION FEES MAY NOT BE USED TO PAY FOR DECK ENTRIES!